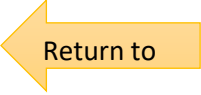


REQUEST to substitute
Lactaid Milk for Fluid Milk
 for School Meals at Champ's Cafe

Child's

Last Name: _____
 First Name: _____
 Grade: _____
 Contact Phone Number: _____
 Today's Date: _____
 School Year: _____

Parent/Guardian Note
 to the **School Nurse &**
 Champ's Café Team


 Return to

To Whom It May Concern:

My Child: (print full legal name)

cannot drink fluid milk due to a **Lactose Intolerance**.

He/She experiences an abnormal reaction to drinking milk but
 does not have an allergic* reaction involving the body's immune system.

Please read and initial the following statements:

I understand that:

- _____ 1. My Child will be offered a carton of Lactaid Milk with breakfast and lunch.
- _____ 2. Student customers are not required to select milk with a meal, unless enrolled in the pre-k program.
- _____ 3. USDA does not permit a child without a medical need who does not like the taste of milk to have juice or bottled water instead of milk.
- _____ 4. USDA does not permit Champ's Café to provide juice instead of milk; Juice does not provide the same nutrients as milk or Lactaid milk.
- _____ 5. Juice can be purchased as an ala carte "Smart Snack".

Please place a checkmark to indicate which products your Child may have:

_____ Yogurt _____ Cheese _____ Ice Cream
 _____ Cheese Pizza _____ Macaroni & Cheese
 _____ Other: Please specify: _____

Printed Parent/Guardian Name

 Parent/Guardian **Signature**

If your Child has an **ALLERGIC REACTION to milk or other foods, for substitutions, USDA requires a signed medical statement as **prescribed by a licensed healthcare provider with prescriptive authority** within 15 school days of your request or the **dietary modification may be discontinued until the medical statement is received.***

School Board Policy #8500

Your Child's Medical Statement/Prescription about food allergies should include the following:

- an identification of the medical or other special dietary condition that restricts the Child's diet;*
- the food or foods to be omitted from the diet and*
- the food or choice of foods to be substituted such as soy milk, almond milk, rice milk, etc.*

